

Social Responsibility Therapy for Adolescents and Young Adults

A Multicultural Treatment Manual for Harmful Behavior

James M. Yokley, Ph.D.

“A valuable contribution to the field, confronting important issues at the psychological and societal levels. Provides a comprehensive framework for managing some of the most challenging clinical problems. Provides useful guidelines for promoting prosocial values and behaviors in delinquent youth. The treatment strategies balance the notions of therapeutic structure with client discovery. Many interesting and provocative quotations are laced throughout the text. A valuable addition to any library.”

—James C. Overholser, PhD, ABPP, professor of psychology,
director of clinical training, Case Western Reserve University

Social Responsibility Therapy for Adolescents and Young Adults: A Multicultural Treatment Manual for Harmful Behavior is a crucial treatment manual for mental health professionals whose caseloads include a multicultural population of adolescents and young adults who exhibit multiple forms of harmful behavior. This unique therapy enhances relapse prevention in harmful behavior treatment by addressing the target behavior problem, negative social influence problem, dose-response problem, and the behavior migration problem. It also acknowledges that harmful behavior is multicultural, and it addresses the key criticisms of multicultural therapy through a theory-driven treatment approach that utilizes methods and procedures from existing evidence-based treatments with known multicultural applications.

This text provides a comprehensive explanation of Social Responsibility Therapy, its advantages, and the intervention evidence-base for multiple forms of harmful behavior. It discusses in detail the multicultural intervention approach, its rationale, and content; describes the implementation methods and treatment protocol; and includes illustrated case studies, tables, figures, and references to additional readings. This book is an essential resource for mental health professionals from all disciplines, including social workers, counselors, psychologists, and psychiatrists who are involved in the treatment of multiple forms of harmful behavior.

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